## FOR IMMEDIATE RELEASE Attention: Arts/Entertainment/Music/Spiritual Reporters

## Vancouver hosts major North American Sufi conference Sufi master/composer from France honoured guest, lecturer

(Vancouver, BC) Vancouver will host a major North American conference of the spiritual teachings of Sufi master Hidayat Inayat-Khan, the youngest son of renowned Sufi musician and mystic, Hazrat Inayat-Khan.

The Mysticism of Sound conference is open to the public and includes a program of lectures, concerts, sacred chant and music meditation, collective interviews with Hidayat Inayat-Khan, breathing practices based on rhythm, and a musical sharing with internationally recognized musicians and singers.

The conference presenters are part of an international community which has been inspired by the teachings of the Indian Sufi mystic, Hazrat Inayat-Khan (1882-1927). Inayat-Khan was the first to introduce both classical Indian music and Sufi thought to America and Europe. Most presenters are students or associates of Hidayat Inayat-Khan.

"Over the past thirty years, Hidayat's unique contribution has been to combine music with spiritual practice. The breath, chant and meditation form the skeleton of an elegant body of spiritual practices that draw upon the ancient teachings of yoga and eastern mystical traditions," said conference organizer Fazalunissa Carole Harmon.

"Those attending the conference have an opportunity to learn these practices during sessions on breath and inner sound, singing zikar and wazifa, and Sufi choir," added Harmon.

Sufis seek a rich inner life and, at the same time, embrace their participation in the outer world. It is in this spirit that an important theme of the event is the unity of religious ideals.

The Mysticism of Sound Conference will be held at the Best Western Chateau Granville and SFU Harbour Centre, Oct. 24 to 28. Please note that the conference is open to anyone, but is limited to 100 participants. For more information about various conference events and registration, go to: <a href="https://www.mysticismofsound.com">www.mysticismofsound.com</a>.

The event is sponsored by The Sufi Movement in Canada with the support of Banyen Books.

The Mysticism of Sound Concert featuring the symphonic and ensemble works of Hidayat Inayat-Khan takes place on Oct. 26 at North Shore Centennial Theatre at 8 p.m. Tickets are available from Centennial Theatre box office, 604.984.4484 or Banyen Books and Sound, 604.737.8858.

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